



Aster Family Resource Centre engages with individuals, families, communities and both statutory and non-statutory agencies by building on strength, enhancing life skills and strengthening community linkages.

Aster Family Resource Centre offers;

- Family Support
- Parenting Support
- Drop-in Centre/Information hub
- Health Workshops
- Summer/Midterm camps
- Rainbow Centre
- Community groups
- Affordable Adult Counselling
- Preparing for Life
- Home Visiting Programme
- Household Assistance
- Budgeting Advice & Support Clinic
- Training/Educational Workshops
- Parent & Toddler Group
- Pre-teen hangout club
- PLAN (Parent Led Autism Network)
- Agency Supports
- Play Therapy
- Other activities & supports

The family resource centre team regularly review the needs of the community and develop programmes and activities based on the identified needs. Keep an eye on our social media accounts for upcoming events.



Aster Family Resource Centre



Asterfrcbalbriggan



www.asterfamilysupport.ie

We are open: Monday – Friday (9.00am – 5.00pm)

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